

Unity Intergroup Meeting Minutes
Dec. 12, 2020

Attendees on Zoom: Kendra S, Leigh M, Roxanne S., Sheila L, Cathy G., Annette, Maryann W, Amanda, Betty C, Meg, Barb, Nancy D, Jill S, Julie K, Laura K, Cheryl, Virginia, Bob S, Marque, Lori K, Roxanne, Debbie, Amy D.

1. Meeting opened with introductions followed by the Serenity Prayer
2. Step of the Month: Annette pitched on Step 12
3. Leigh presented November meeting minutes. Betty made motion to pass minutes, seconded by Annette. Motion passed.
4. Sheila presented UIG November financials. \$1,500 donated to Intergroup, primarily from 7th Tradition donations. Expenses included \$161 for Zoom account and \$450 to Howard for Constant Contact services. Cheryl moved to approved financials, Cathy seconded, financials approved.

Lori asked whether meetings can use Intergroup's Zoom account. Leigh said the board would discuss at next board meeting.

Sheila reported that there is no limit on how much we can donate to the service bodies. WSO has four different funds we can support, or we can just donate to General Fund; most Intergroup to WSO General Fund. Bob felt that our Trustees are best equipped to decide where to donate the money. Nancy weighed in on Translations and Delegates. Betty agreed with Nancy, with General Fund getting the remaining balance. Jill suggested 10% to each sub-fund and 70% to General. Bob made motion to donate 70% to general, 10% to each subfund. Betty seconded motion. Motion passed. Unity Intergroup will donate \$5,000 to Region 4 and \$10,000 to WSO.

5. Intergroup Biz:
 - Roxanne and Deb are working on an Intergroup "pitch script" for reps to present at their meetings
 - UI Bylaws: Jill reviewed all recommended changes. She will update and send to Meg. As Trustee, Meg will look into Consent Agenda that can be voted on as a block. Bylaws will be posted on our website for 30 days, then Intergroup votes on motion. STAY TUNED!
 - Upcoming 2021 elections: find descriptions at http://overeaters.org/wp-content/uploads/2020/04/All-Intergroup-ServicePositions_Jan-2020.pdf
 - Board proposed an annual stipend of \$500 for Web Content Manager under Professional Services (previously classified as a service position). Marque made motion to accept, Jill seconded the motion. Passed. Cathy and Betty were asked to send descriptions of their positions to Jill for bylaws.
 - If you are not receiving Intergroup emails (i.e., agendas, talking points, minutes, financials), please contact Howardw@isd.net to request to be added to the mailing lists.
 - Buffalo Retreat: discussed whether to have in-person retreat in April, given the lower capacity allowed due to COVID and concerns about the virus. Discussed whether a committee would be interested in putting together a virtual workshop/retreat.
 - 2021 elections will be held at the next Intergroup meeting on January 9, 2021. Join us!!
6. Newsletter: send articles for *Expressions of Unity* to expressionsofunity2020@gmail.com by the 27th of the month. Upcoming themes:

- Jan: "How are the Promises of the Program coming true for you?" pp. 83-84, Big Book
- Feb: "What do you LOVE about recovery?"

7. Upcoming Events

- Quick Steps Virtual Workshop: Jan. 16 & 30, 2021
- Body Image Workshop: Jan. 23, 2021, 9:00 am–2:30 pm Men and Body Image panel; Men, Women and Aging panel
- Quick Steps Virtual Workshop for Men: Feb. 6 & 20, 2021

8. Carrying the Message:

TSW Focus group met and discussed ways to reach fellows still struggling. Considering starting a new meeting focused on 12 Steps Within; planning a prayer and meditation workshop.

Roxanne talked about four-hour 11th Step Workshop she's putting together; uses prayer and meditation to work all the steps; created PPT presentation; Annette and Roxanne will work together on taking this forward.

Meg talked about an Intergroup Renewal Workshop on Jan. 30th (8am – 5pm) for all of Region 4. Objective: adding more fire and zest to Intergroup, focus on usefulness and how we motivate people to get involved.

Leigh mentioned that we have a list of members who said they're willing to help out with workshops. Contact Sheila L.

Sunday night OA-HOW put an ad in the Sun Times to let the community know about the meeting.

9. Closing: Betty made a motion to close the meeting. Marque seconded the motion. Motion passed. Closed with the Serenity Prayer.