

UNITY INTERGROUP TALKING POINTS: NOVEMBER 2020

INTERGROUP FINANCIALS

Due to COVID, Intergroup expenses have declined, leaving us with a surplus of funds. Currently we have \$33,000 plus \$15,000 in prudent reserve. Members voted to disperse \$10,000 to World Service and \$5,000 to Region 4.

2021 ELECTIONS

Mark your calendars! Intergroup will hold elections for board positions and many other FABULOUS service opportunities at the Intergroup meeting on January 8, 2021 (12:30 pm on Zoom). PLEASE JOIN US AND HELP KEEP OUR OA COMMUNITY THRIVING!

NEWSLETTER

Please send articles of any length to expressionsofunity@gmail.com by Nov. 27th for the December issue of *Expressions of Unity*. Topic is: "Staying Abstinent around the Holidays & family"

UPCOMING EVENTS

- Quick Steps 2-part Virtual Workshop – January 16 & 30, 2021
- Body Image Workshop: The Female and Male Perspectives – Feb. 6 & 20, 2021 (info coming soon)

12TH STEP WITHIN INITIATIVE

Annette is putting together a 12th Step Within Task force to focus on how we can carry the message to the still suffering compulsive eater who is already in OA. The task force will comprise members from different formats (OA HOW, OA in Action, Big Book study, Steps and Traditions, etc.) The purpose of the group is to brainstorm ideas and pilot our top picks. If you are interested in participating, contact Annette at aprlovesoa@gmail.com. (If you have ideas, but not the time to implement them, bring them to a brainstorming meeting or email your ideas to Annette.)

Please join us for our next Intergroup meeting on Zoom!
December 12, 2020, 12:30–2:30 pm
All are welcome!

Zoom link will be posted at
overeaters.org/about-unity-intergroup/