

Unity Intergroup Minutes Nov. 14, 2020

Attending on Zoom: Kirsten, Kendra, Howard, Leigh, Marque, Roxanne S., Sheila, Cathy G., Jill S, Amanda, Roxanne P, Amy D, Bob, Deb C, Eileen M, Kay H, Betty C, Laura K, Debbie N, Annette.

1. Marque launched meeting with Serenity Prayer and Introductions. Leigh took over chairing the meeting.
2. Step of the Month: Betty C. pitched on Step 11.
3. Kirsten shared that she is stepping down as board secretary due to a slip.
4. Leigh presented October meeting minutes. Cathy made motion to pass minutes, seconded by Amanda, motion passed.
5. Sheila presented UIG Financials. October receipts = \$1,300 primarily from 7th Tradition donations. Current balance: \$33,800 + \$15,000 in prudent reserve. Marque moved to approved financials, Jill seconded, none opposed, financials approved. This year we've had minimal expenses while still getting contributions. We haven't yet donated to WSO and Region 4 this year. Jill read from bylaws: excess funds should be donated to Region and World. Bylaws do not require us to donate a specific amount. Kendra asked about \$15,000 prudent reserve. Jill explained that Intergroup has chose this amount due financial accounting problems in 2017. Betty explained that we didn't donate to Region and World because we overpaid in 2018. Amanda asked whether we should raise amount of prudent reserve. Marque suggested \$5,000 to Region 4 and \$10,000 to WSO. Amanda asked whether WSO has an upper limit of acceptable donations.

Cathy made motion to donate \$5,000 to Region 4 and \$10,000 to WSO and if WSO has a limit, we'll donate as much as we're allowed. Eileen seconded motion. Motion passed.

6. Intergroup Biz:
 - Secretary: Kirsten stepped down from Board. Intergroup voted by Zoom poll to fill secretary position for November, December, January. Cathy was voted in as temporary secretary through January meeting.
 - "Intergroup pitch script": goal is to get more meetings to send reps to Intergroup. Roxanne and Debbie presented script to be used by volunteers who will attend unrepresented meetings. Next: put together targeted list of meetings and divide up those meetings among volunteers.
 - Zoom Account: Continued discussion from October. Sheila followed up on Intergroup purchasing its own Zoom account. \$149/year (Pro plan) allows for up to 100 participants. \$600/year for much larger groups. Best approach is to expand account just for one month when we're hosting a large number of people. Kendra made motion to approve Pro Plan. Annette seconded motion. Motion passed. We'll need to use a generic Unity email address so the Zoom account can used by different groups for workshops, etc.
 - Recording Intergroup meetings: Roxanne made a motion to adopt a new policy: "If the option to audio record is exercised, the recording will be available to the Board only, and will be kept only until the minutes from that meeting are approved." Howard felt this was not open or transparent. Bob asked if this was a policy or a bylaw. Roxanne said it is intended as a policy. Bob made an amendment to the motion to say that the recording should be available to everyone, not just the board. Jill seconded the motion. Amended motion did not pass. Annette said that Region destroys recordings after minutes are approved. Deb C said she is impressed with the quality of the minutes. Voted on first

motion (as proposed by Roxanne). Motion was seconded. Motion passed. Cathy will update copy on website.

7. 2021 elections will be held at January Intergroup meeting. Help keep intergroup strong!
8. Newsletter: send articles for Expressions of Unity to expressionsofunity@gmail.com by the 27th of the month. Upcoming topics:
 - **Dec: "Staying abstinent around the holidays & family"**
 - Jan: "How are the Promises of the Program coming true for you?" pp. 83-84, Big Book
 - Feb: "What do you LOVE about recovery?"
9. Upcoming Events
 - Quick Steps Virtual Workshop – January 16 & 30, 2021
 - Body Image Workshop: The Female and Male perspectives (1st & 3rd Saturdays in Feb)
Note: Recent survey collected names of members who said they would be willing to volunteer on workshop committees.
10. Carrying the Message: Annette is putting together a 12th Step Within Task Force. Focus of 12th Step Within is carrying the message to the still suffering overeater already in our rooms. Currently, ad hoc focus group comprises fellows representing different formats: OA HOW, OA in Action, and other meeting formats. Mission is to brainstorm ideas to reach these members. No commitment is required. If you have an idea, but not the time to follow up, bring it to the brainstorming meeting or email it to aprlovesoa@gmail.com.

Initial ideas: support small meetings, start a Zoom 12th Step Within group, plan workshops, grow strong meetings. If you are interested or have ideas, contact Annette.
11. Bylaws: Jill presented bylaws committee update. Group went through bylaws and noted items that are out of date or no longer relevant (no steering committee, no registrar, etc.) Jill talked about proposed changes that need to be approved by intergroup. Leigh said we would devote more time to this at the December meeting.
12. Closing: Annette made a motion to close the meeting. Roxanne seconded the motion. Motion passed. Closed with the Serenity Prayer.