

UNITY INTERGROUP TALKING POINTS

~October 2020~

UNITY INTERGROUP ELECTIONS ARE COMING IN JANUARY 2021.

Come and join us. Rewarding Service Awaits!

Note: All Board Positions require candidate attendance at least 3 UI meetings prior to election and regular attendance at a weekly OA meeting.

Board, Region and World Service Elected Position	Term Length	Length of Abstinence Required
Chair	1 yr	6 mos / 180 days
Vice Chair	1 yr	6 mos / 180 days
Secretary	1 yr	6 mos / 180 days
Treasurer	1 yr	6 mos / 180 days
Region 4 Rep (3 positions open)	2 yr	6 mos / 180 days
WSBC Delegate (2 positions open)	1 yr	6 mos / 180 days

Coordinator Service Positions

Position	Term Length	Length of Abstinence Required
Hot Line Responder (Need 2)	1 yr	3 mos / 90 days
Social Media Coordinator	1 yr	3 mos / 90 days
Zoom Meeting Manager	1 yr	3 mos / 90 days

To view Job Descriptions, use this link: overeaters.org/about-unity-intergroup/

Upcoming Events:

- November 14th: Unity Intergroup Meeting - Zoom Meeting: 12:30-2:30pm
- OA Quick Steps: Coming in January. (Jan 16 & Jan 30) Registration not yet open.
 - **NOTE: We are looking to train more people to lead OA Quick Steps Workshops. If you interested in this Service Opportunity, please send an email to expressionsofunity2020@gmail.com**

Newsletter Entries:

- THIS IS OPEN TO EVERYONE. Please send articles to expressionsofunity2020@gmail.com by the 27th of the month prior. Here are the upcoming topics:

November: "Share one of your favorite lines from OA recovery literature and why it inspires you."

December: "Staying Abstinent around the Holidays and family"

January: "Have the "9th Step Promises of The Program" come true for you? (pp. 83-84 of the AA Big Book)

Outreach / Carrying the Message:

Join us for our next meeting on Zoom and bring your ideas on how Unity Intergroup can help get the message out and help strengthen our own recoveries. We would love to hear from you!

Keep an eye out for some of these workshops we are working to bring you:

- ✓ "12th Step Within" (reaching long-time members struggling within our fellowship)
- ✓ Men's Only Quick Steps workshop
- ✓ 12 Steps/Body Image workshop