

UNITY INTERGROUP MINUTES AUGUST 8, 2020

Attendees on ZOOM or by Phone: Leigh, Kirsten, Annette, Debbie, Kendra, Bob, Nancy, Cathy G, Marque, Sheila, Rebecca, Becky, Betty, Howard, Jennifer, Diane C., Roxanne

Welcome: Leigh lead the introductions and Serenity Prayer

Step 8: Cathy G. pitched on Step 8.

July Meeting Minutes: Marque presented the minutes of the July meeting. After the review, Leigh made a motion to pass the July minutes as amended, it was seconded by Jen S., voted on and the motion was passed.

Treasurer Report: Sheila presented on UIG Fiscal Year (July-June) Marque motioned to accept the Treasurer's Report. Cathy G. seconded it, and the motion was passed

- Report Details: Received \$2,200 in 7th Tradition Contributions, incurred \$1,400 in expenses (\$450 constant contact, \$500 bookkeeper, \$303 insurance to support bike ride, \$24 PayPal fees).

Intergroup Biz:

- Annette presented on how Region is the "hub" of OA and how they communicate and support the individual Intergroups. In addition, she mentioned we can have up to 7 reps for our Intergroup, but we only have 1 right now. Note: Reps must have 6 months of current abstinence.
- Annette discussed Upcoming Region 4 Assembly: Topics will include committees, fundraising (ways and means), make new friends, up recovery, create ideas, make new activities, see what other IGs are doing, bylaws
 - o Note: Meeting will be VIRTUAL-No Costs to Intergroup to have people attend. We can even have visitors watch on Zoom, even if not a representative, DEADLINE AUG 31, 2020
- Upcoming IG meetings to be held on Zoom as Sumner Library is Closed on Saturdays. Marque motioned to continue on Zoom until January 2021, Kendra seconded it and the motion passed.

Newsletter: Cathy G. is Unity IG Newsletter Editor. She said thank you to all those who submitted articles to the August issue, and reminded us that All members are encouraged to submit! She also discussed the upcoming topic of "Share positive recovery experiences for September".

Upcoming Events/ Carrying the Message:

- There was discussion about getting together informally in the meantime and what that would require. Idea tabled.
- Sheila presented on the Survey Monkey committee. Online google 90-second survey on OA involvement and activities is ready to go. Will start to distribute this week. This will also be available on the overeaters.org webpage.
- Howard updated on the bylaws. The meeting was cancelled and will be rescheduled.
- Marque presented on the Recovery and Reconnect Picnic and Bike Ride-it went well and was fun.
- Kendra presented on Quick Steps Program is going on August 8th and August 22nd. First session was today. Was delightful. Please see flyer.
- Annette presented on the Sept 11-12 OA Zoom convention upcoming. **October 2-3, 2020 REGION IV Intergroup Assembly** via Zoom 6pm-8pm, 8:30-5
- Cathy G. presented on the status of the software programs for our website and the professional we hired to do google analytics for our website. Discovered our bounce rate is high-52%. Can work on

geo-targeting in the metro area. Can improve page load time on mobile. Most visited page is the OA Tools of Recovery. Will continue to work on and report back in a few months.

- Leigh presented that if you have an idea for outreach, would love to support that.
- Bob challenged the group to prioritize "Carrying the Message".

Closing: Leigh led closing with the Serenity Prayer.