

UNITY INTERGROUP MEETING MINUTES MAY 9, 2020

ATTENDING ON ZOOM Or Phone: Colleen, Leigh, Sheila, Annette, Kendra, Meg, Bob, Betty, Debbie, Cathy, Kay, Marque, Rebecca, Michelle G., Johni, Lori, Roxanne, Kirsten, Allison

1. **Welcome:** Serenity Prayer, Introductions

2. **Step 5:** Kay pitched on Step 5.

3. **Secretary's report:** Leigh presented the minutes of the April meeting. After the review, Marque made a motion to pass the minutes as amended, it was seconded by Betty, voted on, and the motion was passed.

4. **Treasurer's Report:** Sheila presented the financial minutes. Registrations came in for upcoming BB Study, 12 Step Within (thru COVID 19). Buffalo retreat refunds came through. Office expenses, annual renewal for Adobe software, monthly storage. Will hire Web Content Developer to do 6 months of Google analytics on Unity website to better serve the still suffering compulsive eater. Cathy G. made a motion to approve the expense report, it was seconded by Kendra, and the motion passed.

5. Intergroup Biz/REGION IV/WORLD SERVICE:

OPEN POSITION FOR REGION IV REP. will vote in July for new rep. Cathy G. voted in to be current Region IV alternate rep.

Sheila informed us that all Unity Intergroup Meetings through August will need to be held virtually. Sumner library has informed us that no gatherings can take place there yet. Everyone attending this meeting agreed that we will use the Zoom format for the virtual meetings.

6. **Newsletter:** Cathy G., newsletter Editor, Unity IG Newsletter! Send articles to expressionsofunity2020@gmail.com !! Articles due the 27th of the month. Thank you to Golden Valley, Sat 10am for May's: "How does Spirituality enhance your program on a daily recovery?"

June-Seward Minneapolis "Staying Abstemious through tough times and trauma" July: OPEN to members or a meeting for this topic or other-write on one of the "Just for Today" resolutions. August- Circle Pines OA-HOW group, "Positive Recovery Experiences"

7. **Events:** Thank you to Meg and Bob!- 93 people attended the 12 step workshop this am. 5\$ donations for the workshop will be recorded at the end of this month. May 1th Intergroup Meeting: Board met via Zoom, 12:30-2:30 June 13th Intergroup Meeting on Zoom, Upcoming Big Book Study online-registration still Open. May 30, June 6 Chair: Nancy K.;

Region IV Convention Omaha, NE (July 10-12) "Looking In, Looking Out, Looking Up" (Registration is currently open, free cancellations available if needed)

8. **What's New?** Upcoming OA recovery bike ride and picnic? Contact: Marque 612-655-6960 thumperq@gmail.com

9. **Carrying the Message:** Leigh asked for ideas for conferences or workshops we could offer; A committee was put together for creating a Survey Monkey on how best Unity IG can assist in Carrying the Message. (What would people like to see?); Quick Steps second session offered to participants who completed the first session. Second session to happen on May 16th in the am.

10. **Closing:** A motion was made by Leigh to end the meeting. Closed with the Serenity Prayer.