

UNITY INTERGROUP TALKING POINTS- April 2020

OPEN POSITIONS - Two Region 4 Rep positions are still open

***Please consider volunteering for this service! Service includes 2 expenses covered trips per year to OA Assembly events.

NEW BOOKS – The new 12 Step Workshop and Participant Guide, Second Edition is now available. This pairs with OA 12 & 12, Second Edition. (See attached flyer)

NEWSLETTER ARTICLE SUBMISSIONS – Article submissions are still being sponsored by individual groups, but we are opening up for ANYONE to submit an article if they want. (This can be You!). Send articles to expressionsofunity2020@gmail.com by the 25th of the month prior.

Upcoming Articles Topics

- **May** (Golden Valley, Saturday 10:00 AM) *Topic: How does your spirituality enhance your program on a daily basis?*
- **June** (Seward, Saturday 11:00 AM) *Topic: Staying abstinent through tough times and trauma*
- **July** (Rochester, Monday 6:00 PM) *Topic: Write on one of the “Just for Today” resolutions*
- **August** (Circle Pines, Saturday 8:00 AM) *Topic: Write on traveling/vacationing abstinely*
- **September** (Golden Valley, Tuesday 6:00 PM) *Topic: How does the change in season and/or weather affect your abstinence?*

UPCOMING EVENTS!

- Big Book Study: Moving to a virtual video-based format. Stay tuned for dates and registration!
- July 10-12: Region IV Convention, Omaha, NE
 - [Region 4 Convention 2020](#)
 - Looking for speakers!! Contact: Annette P. (763-447-5688)
 - **Full refunds will be issued if the convention is cancelled**

WHAT'S NEW?

- Unity Intergroup Meeting on May 9th will be held on Zoom from 12:30–2:30 pm. A link will be sent to your home group's meeting contact via Constant Contact. Reps should ask for that person for the link or reach out on the “Contact Us” link on the Overeaters.org.
- Check overeaters.org for updates on phone/virtual meetings. NOTE: The MEETING LIST will NOT be updated to reflect temporarily closed meetings.

**THANK YOU FOR YOUR RECOVERY!
TOGETHER WE CAN DO WHAT WE COULD NEVER DO ALONE!!**