

April 11, 2020
UNITY INTERGROUP MEETING AGENDA
 Call-in number (515) 604-9700 | Access code 896976#

#	TOPIC	LEADER	DETAILS
1	Welcome!	Leigh	<ul style="list-style-type: none"> ▪ Welcome & Serenity prayer <ul style="list-style-type: none"> ○ Introductions/circulate sign-in sheet ○ Welcome new reps!
2	Step 4	Volunteer	<ul style="list-style-type: none"> ▪ 1-minute share on Step 4 <i>“Made a searching and fearless moral inventory of ourselves”</i>
3	Minutes	Leigh	<ul style="list-style-type: none"> ▪ Review/approve March minutes
4	Financials	Sheila	<ul style="list-style-type: none"> ▪ Review/approve February financial report <ul style="list-style-type: none"> ○ Things paid out in February
5	Intergroup Biz	Leigh	<ul style="list-style-type: none"> ▪ Region 4 Rep Position – Still Open ▪ MN Convention Recordings (October 2019). We’re reducing price to \$5.00. Recordings are available on Overeaters.org ▪ All Buffalo Retreat Refunds have been processed as of 4/2/20
6	Newsletter	Leigh	<p><i>Big Thank You to the Monday (6:30 pm) OA HOW meeting in Robbinsdale for our April Articles</i></p> <ul style="list-style-type: none"> ▪ Upcoming Group Contributing Articles ▪ Talk about new submittal format on Overeaters. Org <ul style="list-style-type: none"> ○ May: Golden Valley, Saturday 10:00am ○ <u>Topic:</u> <i>How does your spirituality enhance your program on a daily basis?</i> ○ June: Seward, Saturday 11:00 AM ○ <u>Topic:</u> <i>Staying abstinent through tough times & trauma</i> ○ July: Rochester, Monday 6:00 PM ○ <u>Topic:</u> <i>Write on one of the “Just for Today” resolutions</i> ○ August: Circle Pines, Saturday 8:00 AM ○ <u>Topic:</u> <i>Write on Traveling / Vacationing Abstinely</i> ○ September: TBD ○ <u>Topic:</u> <i>How does the change in season and/or weather affect your abstinence?</i> <p>Send articles to expressionsofunity2020@gmail.com Please Send Submissions by 3rd Sunday of the month.</p>
7	Events	Board, etc.	<ul style="list-style-type: none"> ▪ <u>Upcoming:</u> <ul style="list-style-type: none"> ○ Big Book Study – May 29th -31st – <i>Options for this are being evaluated.</i> ○ NOTE: <i>Discuss the possibility of moving this to an online format like Zoom</i> ○ Region 4 Assembly, Omaha, NE (July 10–12) ▪ <u>Temporary locations for Intergroup mtgs:</u> <ul style="list-style-type: none"> ○ May 9th – All Phone Meeting (<i>Possibly Zoom</i>) ○ June 13th – Minneapolis “Sumner” Library
8	Carrying the Message	Intergroup Participants	<ol style="list-style-type: none"> 1. Proposal on adding a section to the News Letter on tips to surviving being at Home (quarantined) 2. Would someone be interested in taking on a “Computer” OA Conference for a Day or doing a Series over a few weekends? 3. Open Discussion / New Ideas
9	Closing	All	<ul style="list-style-type: none"> ▪ Closing Remarks ▪ Serenity Prayer