

# Unity Intergroup Talking Points

November 2019

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## UPCOMING EVENTS:

- ✓ Getting Unstuck in OA Workshop, November 16, 2019 9:00am-12:00pm, Wayzata. REGISTER AT [OVEREATERS.ORG/EVENTS](http://OVEREATERS.ORG/EVENTS)
- ✓ Tools of the Trade Abstinence in Action Workshop, January 25, 2020 9:00am-3:00pm, Anoka. Bring your lunch. REGISTER AT [OVEREATERS.ORG/EVENTS](http://OVEREATERS.ORG/EVENTS)
- ✓ Newcomers Meeting: 3rd Saturday of each month at the Sumner Library, 611 Van White Memorial Blvd, Minneapolis, 1:00-2:00 pm. All are welcome!
- ✓ Buffalo Retreat: April 3-5, 2020
- ✓ Big Book Study: May 29-31, 2020

## VOLUNTEER OPPORTUNITIES:

- ✓ 2020 Buffalo Retreat needs Raffle Coordinator, Volunteer Coordinator, and Literature/Concessions Sales Coordinator. Contact Sue L: 507-258-0754.
- ✓ 2020 Region 4 Convention in Omaha, NE, July 2020. Need speakers and volunteers to help with programming. Call Annette P-R: 763-447-5688
- ✓ Connect with OA members and find wonderful service opportunities at Unity Intergroup meetings, held at Sumner Library the 2nd Saturday of every month, 12:30-2:30pm.
- ✓ Unity Intergroup Board Elections January 2020, Board Openings for Chair, Vice Chair, and Secretary. Job descriptions will be available at the December 2019 meeting.

## MEETINGS:

- ✓ Woodbury OA HOW meeting time has changed to Tuesdays at 4:30 pm and Five Oaks Community Church.