

Unity Intergroup Meeting Oct 12 2019

Attending live: Cathy G, Betty C, Sheila L, Annette, Patty M, Elizabeth R, Howard, Marque N, Kendra, Eileen, Maggie S, Carolyn S., Jason, Dan D, Dawn S, Beth K, Natalie N, Cheryl D, Sharon S, Sue L
Attending by phone: Kay, Diane C, and 2 others

Welcome: Intros, Serenity Prayer

Tradition 10: Dan read and pitched on Tradition 10

Financials: Betty forgot receipts and expenses, will update. Larger amount for literature, for the convention. 1,500 dollars of Literature sales for Convention, will be added to Nov financials

Intergroup Biz:

Update: Table cover with OA is about 150 dollars, going forward with designer and cost

Update: will talk with Northern Serenity Intergroup chair on how we can support the

Update: Sheila: WIFI phone system, trusted service position for phone system set-up and take down the phone system. Thoughts: 2 people that one can do it, but can coordinate so one individual is there to help set up. Howard wants new equipment, he is sad.:)

Location for intergroup Feb, March at Unity Christ Church. Sue L idea : have intergroup meeting at Buffalo, Mark makes motion, Kendra seconds...we'll have the meeting at Buffalo! Get people more involved in the process...

Speakers for Fairbault mtg: Sue: blue tooth speakers allow speaker to call in to a smaller outlying meeting, Caroline: the cell phone speaker works well too, since sometimes bluetooths can be flaky.

New meetings: Inver Grove Heights Diane C, new Steps meeting

Hotline coordinator: current hotline coordinator had to move for family emergency, Betty, Shiela, Cathy are doing in until mid-January.

Dawn: Literature coordinator, 2 bins, 1 AA, 1 OA, 5 smaller bins with pamphlets, organized by item code/number. Clear bins so can see what you need. Please don't order more until seeing what in inventory. All pamphlets labeled with prices and so are the sheets.

Region 4: Annette presented the Representation report and thoughts, and thanked Intergroup for all the help. See details in Representative report. Annette needs help with programming for the 2020 Region 4 convention in July in Omaha

Newsletter: meetings contributing articles:

Nov: Anoka, Mon 7 pm

Dec: Shakopee, Tues 7pm

Jan: St Paul, Fri 6:30pm

Feb: Woodbury, Fri 10 am

Mar: Minneapolis, Mon 10 am

Recent Events

Augsburg College Health Fair—BB Study committee invited to Augsburg for health fair, 5 people, youngish people there to discuss, probably 100-150 literature given out.

MN State Convention—Highlights from Caroline S, simplest Convention as possible, all committee chairs to send what worked, what didn't, easy registration, appreciated the notes and writing exercise, nice speakers, variety, region 4 speakers were great, Nice to have simplified literature in the room, that

volunteers could attend sessions. Food was good, but glitches, Planned 1.5 hours but needed longer, afternoon energy dropped, end earlier? would have been nice to have a hospitality room. First time convention had three interactive sessions, and liked that. Suggested topics: Getting started and those still struggling for workshops. No one has said they would chair. Caroline: should convention be every other year...especially if we have so many service positions up for grabs.

Mary: annual convention is good. Howard: need this each year. Consistent event to the hotels. If no one steps up to chair by end of December, we won't have a Convention in 2020. Dan: Good job descriptions are necessary. Caroline and Mary will have simplified how to put on convention. Info on Dropbox: What is the password? Everyone needs access. Sheila: Common theme, training for leadership, workshop, what service would look like, how to tell others. Mary T is considering leading a workshop: Service beyond the group.

Upcoming Events

Mental Health Education Conference, MPLS Oct 20

Getting Unstuck in OA Workshop, Wayzata Nov 16

Abstinence in Action Workshop, Anoka Jan 25

Buffalo Retreat (Apr 3-5) The 12 Steps Within – From Newcomer to Recovered

BB Study (May 29-31), possibly at Cresnalay, Augsburg may not be able to do it.

Region 4 Convention: July, Omaha