

Unity Intergroup Talking Points  
August 2019

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**UPCOMING EVENTS:**

- ✓ Quick Steps: September 7 and September 21 in Rochester MN. Contact Kendra S. [LKYGRL61@yahoo.com](mailto:LKYGRL61@yahoo.com) or 952-270-5258 to register. Location: Zumbro Lutheran Church – 624 Third Ave SW Rochester, MN 55902.
- ✓ Quick Steps: September 14 and September 28 in Minneapolis MN. Contact Cecelia [calaurie78@gmail.com](mailto:calaurie78@gmail.com) or 205-292-5242 to register. Location: Living Spirit Methodist Church – 4501 Bloomington Ave. Minneapolis, MN 55407.
- ✓ 2019 Minnesota State Convention, registration is closed. The convention will be held on Oct 4 & 5, 2019 at the Best Western PLUS Bloomington Hotel (near Mall of America) 1901 Killebrew Drive Bloomington, MN 55425. The menu will be a buffet style salad, soup, bread and seasonal fruit.
- ✓ The Newcomers Meeting is being held the third Saturday of each month at the Sumner Library, 611 Van White Memorial Blvd, Minneapolis from 1-2 pm.

**VOLUNTEER OPPORTUNITIES:**

- ✓ Volunteers are needed for the 2019 Convention being held on Oct 4 & 5, 2019. Looking for a Registration Chair. Please consider helping with any of the following committees – program, registration, public information, entertainment, hospitality, decorations, packets, volunteers and literature. Contact Carolyn S. (612-558-1556/[Mngypsy545@gmail.com](mailto:Mngypsy545@gmail.com)) or Meg M. (763-244-6098/[rellingem@gmail.com](mailto:rellingem@gmail.com)) to volunteer.
- ✓ 2020 Buffalo Retreat, the Committee needs a Co-Chair and Finance Coordinator, contact Sue L. (507)258-0754 or Lonna R. (763)428-0596 for more information.

**MEETING LIST CHANGES:**

- ✓ When a meeting currently listed on the Unity Intergroup meeting list changes time, location, contact person, or is no longer active please notify OA.org and Unity Intergroup so changes can be made to the Unity Intergroup Meeting List. Send an email alerting Unity Intergroup of the change to <http://overeaters.org/contact-us/>

**If you have more ideas come or call into the Unity Intergroup meeting on the 2<sup>nd</sup> of every month!**