

Unity Intergroup Meeting Minute August 10, 2019

SUN: St. Louis Park (Kay H)

MON: Robbinsdale (Cathy G. Dianne M.) Anoka (Meg M.)

TUE: Golden Valley (Howard W., Sheila L.) So. Minneapolis (Maggie S., Elieen M.) Bloomington (Ceclia)

WED:

THUR: Rochester (Sue L., Sheri O.) Chaska (Kendra S., Marque N.)

FRI: St. Paul (Elizabeth R.)

SAT: Circle Pines (Lonna R. Chuck S.) Golden Valley (Betty C.)

Pat W.

Attending on the Phone: Amy D.

UIG TRUSTED SERVANTS: IG Chair: (Cathy G), IG Vice Chair (Betty C.), Secretary (Lonna R), IG Treasurer: (Sheila L), Region 4 Chair: (Annette P), Region 4 Representative: (Kamie C, Roxanne P,) Region 4 Representative (Alternate): (Teresa G.), WSBC Delegate: (Roxanne P), State Convention Chair: (Carolyn S.) State Convention Vice Chair: (Mary T.) State Convention Facility Coordinator: (Betty C.), By Laws Chair: (Howard W.) Quick Step Chair: (Pat W.), Public Information Chair: (Margie A Elizabeth R.) Big Book Chair: (Sue L.) Constant Contact: (Howard W.) Hot Line Volunteer Coordinator: (Kamie C.), Literature Coordinator: (Dawn S), Newcomer Meeting Coordinator (Dawn S. Rebecca W) Newsletter Editor: (Jill S.), Social Media Coordinator: (Howard W), Website Coordinator: (Cathy G.), Print Coordinator: (Nancy K.)

1. Welcome: Welcome, Serenity Prayer, Introductions + Sign-in Binder, Welcome New Reps

2. Tradition 7: Sue L. read and pitched on Tradition 7.

3. Secretary's Report: Cathy G. presented the minutes of the June meeting. After the review, a motion was made by Marque to pass the July minutes as amended, it was seconded by Sheila L. and the motion was passed

4. Treasurer's Report: Betty C. reviewed expenses in detail. After the review, a motion was made by Diane to pass the expense report, it was seconded by Sue L. and the motion was passed.

5. Intergroup Biz – New Meetings: Inver Grove Heights, Thursday at 7:00 pm. Meeting Contact Audit, Intergroup Meeting Location Change: (2020 – Feb/March/April), Convention Update, Future Sponsorship Workshops, Abstinence Workshop Proposal.

New Meetings: Inver Grove Heights, Thursday at 7:00 pm:

Meeting Contact Audit – All meetings were contacted and representatives were updated on the meeting list.

Intergroup Meeting Location Change: (2020 – Feb/March/April) – Considering a space at a local meeting (Unity Christ Church, Golden Valley), more information to come. Create a Flyer, announce in Talking Points, Post in Newsletter,

Convention Update, 94 Registrations, encourage people to register max is 150 participants. Looking for Volunteer Chair, contact Carolyn S. (612-558-1556/Mngypsy545@gmail.com) or Meg M. (763-244-6098/rellimgem@gmail.com) to volunteer.

Sponsorship Workshop, 48 participants, 7th Tradition/Coffee Donation, \$205.00. Expenses \$103.00 Balance sent to Unity Intergroup \$102.00

Future Sponsorship Workshops, resourced OA website for materials. Organizers were asked to put together template of the workshop for future use.

Abstinence Workshop Proposal. Meg M. (763-244-6098) representing Anoka presented a workshop proposal for, Tools of the Trade, Abstinence in Action, on January 25, 2020. 90 Registrations available, suggested donation of \$15.00.

6. Discussion Increasing diversity/inclusivity: events, organizations, community newspapers.

7. Newsletter: Article submissions so continue to send articles or information for the newsletter to expressionsofunity2018@gmail.com. Representatives can also encourage members at their meetings to click on the link and read the Newsletter.

August: Rochester Monday Night OA HOW 6:00 pm, **September:** Chaska Thursday 7:00 pm. **October:** South Minneapolis Tuesday Morning OA HOW 9:30 am. **November:** Anoka Monday 7:00pm **December:** Shakopee Tuesday 7:00 pm **January:** St. Paul Friday Night OA HOW 6:30 pm. **February:** TBA

8. OA Events: Upcoming Events: Quick Steps Rochester (Sept 7 & 21) Quick Steps Minneapolis (Sept 14 & 28) MN State Convention (Oct 4-5), JFCS Mental Health Education Conference (Oct. 20)

Topics Discussed:

Survey and visiting meetings to gathering information and gain insight on how to make OA stronger and grow the program. Sample Questions: How are meetings reaching people, sponsorship, relapse, issues meetings they face, what is working, what is not working? Survey Monkey was suggested. (Meg M., Marque, Sue L. Kendra S.

Two Intergroup Meetings in MN: Discussed combining the groups. Sheila L. will reach out and being discussion.

Floating Intergroup / Newcomer Meeting Location: Group host meeting in outlying areas.

9. Closing: A motioned was make by Betty . to end the meeting, it was seconded by Marque. and the motion was passed. and closed with the Serenity Prayer.

