

Unity Intergroup Talking Points April 2019

UPCOMING EVENTS:

- ✓ Registration is open for the **Big Book Study**, May 17-19 at Augsburg University, East Commons, Christen Center. The workshop reveals how the message in the Big Book applies and works as well for compulsive overeaters as it does alcoholics. For more information, go to www.overeaters.org events page.
- ✓ **Sponsorship Workshop** will be held in Jordan, MN, Saturday July 20, 2019. Harvest Apple Orchard
- ✓ **Quick Steps**: Save the Date September 7 and September 21 in Rochester MN. More information to come.
- ✓ **2019 Minnesota State Convention** will be held on Oct 4 & 5, 2019 details to come! Will be held at the Best Western PLUS Bloomington Hotel (near Mall of America) 1901 Killebrew Drive Bloomington, MN 55425. The menu will be a buffet style salad, soup, bread and seasonal fruit.
- ✓ The **Newcomers Meeting** is being held the third Saturday of each month at the Sumner Library, 611 Van White Memorial Blvd, Minneapolis from 1-2 pm. Everyone is welcome!

VOLUNTEER OPPORTUNITIES:

- ✓ Volunteers are needed for the Big Book study. We still need help with registration, to man the literature table, greeters (all days) and help with set-up and clean up. Contact Sue L. to volunteer.
- ✓ Volunteers are needed for the 2019 Convention being held on Oct 4 & 5, 2019. Please consider helping with any of the following committees – program, registration, public information, entertainment, hospitality, decorations, packets, volunteers and literature. For information, contact Carolyn S: 612-558-1556.
- ✓ The Unity Intergroup needs volunteers to commit to setting up, running, and taking down the phone meeting system. Please ask members of your OA meetings who enjoy technology if they would like to be of service. We meet the second Saturday of the month from 12:30pm–2:30pm at Sumner Library in Minneapolis. We also need volunteers to store the equipment, or to bring to/from the storage unit (just 1 mile from the library).

REGION 4 REPORT:

- ✓ **Ways and Means**: Introducing small lunch bags at the next assembly for \$10.00 each.
- ✓ **Outreach Committee**: Hosting a quarterly call to share Outreach Ideas: Tuesday, April 16th, 6-7 pm. To call in dial 712-451-1080, Passcode: 762802. Region 4 will be working on getting unaffiliated meetings on board.
- ✓ **Region 4 Convention Committee**: July 10-12, 2020 in Omaha Nebraska, at the Omaha Sheraton \$94 per night for room, flyers available at the Fall assembly. Unity Intergroup will be doing programming.
- ✓ **New**: Guidelines for being a region representative will be available soon. It will be included in our manual and will be a stand-alone document that can be sent out to intergroups for those who are considering this service.

BUFFALO RETREAT:

- ✓ Sue L Gave update on a successful retreat. Twelve volunteers and the 2019 committee will all be working for the 2020 retreat. A planning meeting is scheduled on May 4th in Faribault MN at 11:00 am. Contact Lonna R. (763-438-0596) for more info. Feedback from the surveys included: more structure to small groups, start fun activities earlier, better signage/directions at the retreat center, measuring line and non-measuring line during meal times. A final report will be made available for May meeting.