

Unity Intergroup Talking Points September 2018

NEW:

✓ **New Meeting:** Traditional OA Meeting, Tuesdays 7:30 am, Plymouth Alano 2, 600 Hopkins Crossroads, Minnetonka, MN 55305. (more info at www overeaters.org)

✓ **New phone system:** We have a new phone system which will allow anyone to call in to our monthly Intergroup meeting. Call in 515-604-9700, access code 896976#. If you have any feedback about this system, contact Cathy G. at 612-867-9804. Detailed instructions will be on overeaters.org.

UPCOMING EVENTS:

✓ **Intergroup meeting:** We meet the second Saturday of the month from 12:30-2:30 at the Sumner Library in Minneapolis. If you can't make it in person, please call in 515-604-9700, access code 896976#.

✓ **Newcomer meeting:** Held every third Sat of the month from 1-2 pm at the Sumner Library in Minneapolis.

✓ **OA Quick Steps** Saturday, September 15th and 29 from 9:00am to 12:30pm at Living Spirit Methodist Church, 4501 Bloomington Ave, Minneapolis, MN 55407. Get abstinent and work through the 12 Steps in just two weeks. Contact Lucinda at 952-451-9374 or choosejoy@gmail.com.

✓ **OA Quick Steps** Sat., October 6 and 20 from 12:30pm to 4:30pm at Christ the King Lutheran Church, 222 Pfau Street, Mankato, MN 56001. Get abstinent and work through the 12 Steps in just two weeks. Contact Kendra at 952-270-5258 or LKYGRL61@yahoo.com.

✓ **Roadmap to Recovery** facilitated by our World Service Trustee from St. Louis, MO with local speakers, small group discussions, individual activities and fellowship. Nov 3rd 9-3, Evergreen Church, 2300 E. 88th St. Bloomington, MN, Bob S. 763-229-6196, bonasachs@gmail.com.

✓ **Body Image Workshop:** Jan 26th 2019, working on a location.

VOLUNTEER:

✓ **Newsletter:** Sign your group up to write articles for our newsletter. Oct. Eden Prairie Sat 9 am, Nov. Shakopee Tues. 7 pm, Dec. Rochester Mon night HOW. Submit articles to expressionsofunity2018@gmail.com by the first of the month.