

## Unity Intergroup October 2018 Minutes

**Attending In person:** Karen B, Diane C, Kendra, Paul, Howard, Betty, Paula, Corey, Bob, Melissa

**Attending Online:** Lou, Amanda, Lonna

**Welcome,** Betty: Serenity prayer, introductions, welcome new reps, sign in sheet

**Tradition 10,** Melissa

**Secretary's Report,** Corey: Kendra approved, Bob 2<sup>nd</sup>

**Intergroup business,** Betty/Howard: Conference phone system: problems with equipment, rented equipment for today which is also having problems. New storage unit: keys for it in a lock box, ask Betty for the combination. New meeting in Detroit Lakes \_\_\_\_\_ Convention 2019: We would like to host a convention but we need volunteers. Need two event chairs and a hotel liaison. New phone system: has been switched over, went from \$35 to \$10

**Newsletter,** Jill: Oct. Eden Prairie Sat. 9 am, Nov. Shakopee Tues 7 pm, Dec. Rochester Mon. 6:30 pm Jan. St. Paul Fri Night Feb. Eagan 6:30 Mon. If you have a new meeting or upcoming event or article, you may send them to [expressionsofunity2018@gmail.com](mailto:expressionsofunity2018@gmail.com).

**Treasurer's Report:** Diane Approved, Jill 2<sup>nd</sup>; 7<sup>th</sup> traditions are down, remember your duty to contribute to our Intergroup.

**Professional outreach,** Lou: MAMFT conferences Sept 20, most attendees were not in the booth area, 50 people the first day. MCTC event, recovery event, mostly drug and alcohol. Transformation House would like OA to come talk to her people. Betty: Healthy Life Expo? Debby: Fairview Health and Health Partners do managed care and have a meeting every month, pharmacists, we could do a short presentation on what OA is.

-Margie wants us to order new business cards and distribute to all meetings, blank spot for whoever is giving it out can put in their phone number and Unity intergroup website and phone number. In the past we've had cards and tearoffs to put up at bulletin boards. Let's inventory what cards we already have. We also could create stickers with intergroup info. to stick onto a World Service card.

**OA Events:** Kendra, Quick Steps Sept 15 & 29, 12 people, part way through Oct in Mankato, new session in Feb. Newcomer meeting, Sasha, going fine, new format going well, more time for questions. Roadmap to Recovery, Bloomington Nov. 3, about half full, Body Image Workshop Jan. 26 2019, Amanda & Lonna, Buffalo Retreat April 5-7 2019

Any other questions?

Lucinda: What is the difference between Group Conscious and Business Meeting? Go to "Ask it Basket" on World Service website.

Bob: It's easy to put together a workshop. Consider doing it as a meeting.

Kendra: Mankato did the Quick Steps meeting as a meeting and they did it well.

**Closing:** Serenity prayer

