

January 2019 Talking Points

UPCOMING EVENTS:

- ✓ **Body Image Workshop** Jan 26th 8:30 am – 3pm, First Congregational Church, 1923 3rd Ave. S., Anoka. Contact Bob. S. 763-229-6196.
- ✓ **Quick Steps** Feb 2nd 16th 9-12:30, Living Spirit Methodist Church, 4501 Bloomington Ave, Minneapolis. Contact Pat 612-804-4563 / godhpandme@gmail.com.
- ✓ **Buffalo Retreat** April 5-7.
- ✓ **Big Book Study** May 17-19 Augsburg University, 720 22nd Ave. S, Minneapolis, MN 55454. \$21 (by May 11) or \$26, \$16 webcast.
- ✓ **State Convention** Oct. 4-5

SERVICE OPPORTUNITIES:

- ✓ **Quick Steps** needs 5th step listeners between Feb. 2-16 (based on your own schedule) Pat 612-804-4563 / godhpandme@gmail.com.
- ✓ **Buffalo Retreat** April 5-7. Looking for volunteers. Please contact Lonna 763-438-0596 / lonna.rubessch@comcast.net
- ✓ **State Convention** Oct. 4-5 Looking for volunteers. Please contact Carolyn S. 612-558-1556 / mngypsy545@gmail.com or Mary T. 612-940-7654 / marytunityig@gmail.com.
- ✓ **Intergroup Meeting:** Make your voice heard! Consider sending a representative from your meeting to our Intergroup meeting which is held the 2nd Saturday of every month at the Sumner Library.
- ✓ **Newcomers Meeting:** Held the 3rd Saturday of each month at the Sumner Library. This is a perfect opportunity for newly abstinent people to speak for the first time at this very casual meeting.
- ✓ **Newsletter:** *Jan* St. Paul Fri 6:30, *Feb* Eagan Mon 6:30, *Mar* Bloomington Tues 6:30 pm, *Apr*. GV Tues. 7 pm, *May* Wayzata Tues 6:30 pm. Send articles to expressionsofunity2018@gmail.com

NOTES:

- ✓ Please make checks payable to “Unity Intergroup.”
- ✓ If you need OA brochures, our literature coordinator has a ton of them on hand for your group. She also has some AA literature and copies of the new OA 12 X 12. Please contact Dawn at dawnspielman@mac.com.