

UNITY INTERGROUP MEETING AGENDA

January 13, 2018

12:30 – 2:30pm

“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”

| Time | Topic | Presenter | Expected Outcomes |
|------------|--|-----------------------|--|
| 12:30 1 | A. Call to order Note: There was no Intergroup meeting in November 2017 due to the convention. | Mary T. | Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions. |
| 12:35 2 | B. Chair Opening Remarks | Mary T. | Read Concept 1 |
| 12:40 3 | C. Vice Chair Remarks | Jill S. | Read Tradition 1. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook. |
| 12:45 4 | D. Secretary Report | Jill S. | Review and make amendments to Intergroup Meeting Minutes for December 2017. Any new representatives can sign up for Talking Points with Secretary after the meeting. |
| 12:50 5 | E. Treasurer Report | Mary T. | Income & Expenses Report for December 2017. |
| Time | Topic | Presenter | Expected Outcomes |
| 6 | F. State Convention | Rebecca W. Gene O. | |
| 7 | G. New Business | Mary T. | Elections for most positions. See the Trusted Servants List. |
| 8 | I. Group Dependent Services a. Newsletter Groups should have their articles submitted by the third Saturday before the month assigned. Please email to expressionsofunity@gmail.com | Open | <u>Newsletter</u> February: March: April: May: June: |
| 9 | b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library. | Chris K. & Sasha S. | Newcomer Meeting held at Sumner Library January: Shakopee meeting February: March: April: |
| 10 | H. Elected Coordinators | | |
| | a. Email & Event | Howard W. | |
| | b. Hot Line | Nancy K. | |
| | c. Literature | Dawn S. | |
| | d. Printing | Cal N. | |
| | e. Teleconference | Cathy G. | |

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| | f. Web | Mary T. | |
| | g. Social Media | Howard W. | |
| 11 | H. Elected Committee/Event Chairs | | For the following committees and events, no reports are expected unless noted. |
| | b. Bylaws Committee | Bob S. | |
| | c. OA Quick Steps | Gene O. | |
| | d. Professional Outreach | Cathi J. | |
| | e. Public Information | Margie A. | The Healthy Life Expo on March 3-4, 2018 |
| | f. Registrar | Open | Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet. If a meeting has a dial in number, please put it in the purple book. |
| | g. Twelve Step Within | Carolyn S. | |
| | h. Big Book Study | Randee E. | |
| | i. Buffalo Retreat | Nancy K. Jean K. | Weekend after Easter - April 6, 7, 8. The new board will need to sign the contract by January 24 th . |
| | j. Region 4 and World Service | Annette P. | Elections |
| 12 | K. Old Business | | |
| 13 | L. Final Announcements | Mary T. | |
| 14 | M. Adjournment and Serenity Prayer | Mary T. | |

New IG Reps: Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Jill S. (Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

Definition of Abstinence: "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."

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