

Unity Intergroup Talking Points

August 2018

UPCOMING EVENTS:

- ✓ The next OA Quick Steps Workshop is scheduled for Saturday, September 15 and 29 from 9:00am to 12:30pm at Living Spirit Methodist Church, 4501 Bloomington Ave, Minneapolis, MN 55407. Get abstinent and work through the 12 Steps in just two weeks. Contact Lucinda at 952-451-9374 or email her at choosejoy@gmail.com.
- ✓ Another OA Quick Steps Workshop is scheduled for Saturday, October 6 and 20 from 12:30pm to 4:30pm at Christ the King Lutheran Church, 222 Pfau Street, Mankato, MN 56001. Get abstinent and work through the 12 Steps in just two weeks. Contact Kendra at 952-270-5258 or email her at LKYGRL61@yahoo.com.
- ✓ There will be a workshop on Saturday, November 3, featuring our Region 4 Trustee Cyndy L. More information will follow, so save this date!!

NEW PHONE SYSTEM:

- ✓ The Intergroup has voted to purchase a new Wi Fi-enabled, phone system to make it easier for people who are unable to attend Intergroup meetings to call-in from wherever they are. The new phone system's improved technology should make it easier for people calling in to be heard and to clearly hear others at the meeting. The phone number is 515-739-1034 to call in and the access code is 468702#.

NEW FORMAT FOR THE NEWCOMER MEETING: (more info on www overeaters.org)

- ✓ The format for the Newcomer Meeting has been changed to a basic speaker format with questions and answers to follow. This will make it easier for the newcomers attending to get basic information about Overeaters Anonymous and get answers to any questions that they may have. Newcomer Meetings are held on the third Saturday of every month from 1 to 2pm at the Sumner Library in Minneapolis. Anyone interested in speaking or volunteering can contact Rebecca W. or Sasha S. for more information.

VOLUNTEER OPPORTUNITIES: (more info on www overeaters.org)

- ✓ Volunteers are needed for the Intergroup's public information booth at the Minnesota Association for Marriage and Family Therapists event on September 20. Please contact Margie A. at 612-670-0635 if you are interested in volunteering.

NEW MEETINGS: (more info on www overeaters.org)

- ✓ There is a new Big Book Study meeting at Crown of Glory Lutheran Church, 1141 Cardinal Street, Chaska, MN on Thursdays at 7pm.
- ✓ There is another new meeting - Sunrise OA, Alano II at Oak Knoll Lutheran Church, 600 Hopkins Crossroad, Minnetonka, 56454 at 7:30am

