

## UNITY INTERGROUP MEETING AGENDA

March 11, 2017

12:30 – 2:30pm

*“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”*

Time	Topic	Presenter	
12:30  1	<b>A. Call to order</b>	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40  2	<b>B. Chair Opening Remarks</b>  <b>C. Vice Chair Remarks</b>	Mary T.  Jill S.	Read Concept 3  Read Tradition 3. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45  3	<b>D. Secretary Report</b>	Rebecca W. Volunteering	Review and make amendments to Intergroup Meeting Minutes for February. Any new representatives can sign up for Talking Points with the registrar in the purple binder
12:50  4	<b>E. Treasurer Report</b> Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for February 2017. 2) Budget vs. Actual July 2016 to February 2017. 3) Audit update. 4) Turn in requested budgets before March 20th
Time	Topic	Presenter	Expected Outcomes
8	<b>F. Group Dependent Services</b> a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: <a href="mailto:expressionsofunity@gmail.com">expressionsofunity@gmail.com</a>	Open	<b><u>Newsletter</u></b> March: Chippewa Falls, Monday 6:30pm April: Roseville, Saturday 8am May: Anoka Monday 7 pm June: Minneapolis, Monday 7:15pm
9	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	<b>Newcomer Meeting held at Sumner Library</b> March: Minneapolis, Monday 10am April: Open May: Open June: Open
10	<b>G. Old Business</b>	Mary T.	
5	<b>H. Meet and Greet</b> New approach to meeting and greeting.	Mary T.	
Time	Topic	Presenter	Expected Outcomes
11	<b>I. New Business</b>	Mary T.	
7	<b>J. Elected Committee/Event Chairs</b>		<b>For the following committees and events, no reports are expected unless noted.</b>

	a. State Convention	Open	
	b. Bylaws Committee	Bob S.	Vote on motion—See on the website
	c. OA Quick Steps	Gene O.	April 8 & 11 St Anthony
	d. Professional Outreach	Cathi J.	YMCA MN Dental Assoc
	e. Public Information	Margie A.	Women’s Expo—March 18 Minneapolis Longevity Expo – April 8 in Maple Grove
	f. Registrar	Cheryl R (Jill S filling in)	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet.
	g. Sponsorship		
	h. Treatment Center Outreach	Open	
	i. Twelve Step Within	Carolyn S.	<i>Twelve Step Within</i> is for OA members who are still struggling.
	j. Big Book Study	Randee E.	Big Book Study will be held on May 19, 20, and 21 at North Hennepin Community College.
	k. Buffalo Retreat	Debbie N. Collette S.	Registration is open for the Buffalo Retreat being held on March 30, April 1 and 2.
	l. Region 4 and World Service	Annette P.	
<b>6</b>	<b>K. Elected Coordinators</b>		
	a. Email & Event	Open	Howard W. volunteered to help with this until position is filled.
	b. Hot Line	Nancy K.	
	c. Literature	Dawn S.	
	d. Printing	Shiloh Volunteering	Shiloh S. has volunteered to fill position until she can be elected in with 90 days of abstinence.
	e. Teleconference	Cal N.	
	f. Web	Beth K.	
	g. Social Media	Howard W.	

<b>1</b>	<b>L. Final Announcements</b>	Mary T.	
	<b>M. Adjournment and Serenity Prayer</b>	Mary T.	

**New IG Reps:** Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Cheryl R. (Registrar) or add your info to the purple binder to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

**Definition of Abstinence:** “Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program.”