

Unity Intergroup Talking Points January 2017

UPCOMING EVENTS:

- ✓ The Sponsorship Workshop is being held on February 18th from 1-3:30pm at Prospect Park Methodist Church. The address is 22 Orlin Ave, Minneapolis, MN 55414 and parking is across from the church at Pratt Elementary School. There will be a four-person panel discussion along with practice time for coaching and listening skills. The workshop will be covering topics such as helping sponsees work through the Steps, sharing strength and hope at your experience level, and the benefits of being a sponsor.
- ✓ The next OA Quick Steps Workshop is scheduled for Saturday, February 11 and 25 from 9:30am to 12:30pm at the Nativity of Mary Church in Bloomington. Get abstinent and work through the 12 Steps in just two weeks. Contact Gene O. to register at oaquicksteps@gmail.com.
- ✓ The 2017 Buffalo Retreat will be held on March 31, April 1 and April 2 at Christ the King Retreat Center in Buffalo. Intergroup representatives have mail in registration forms and on line registration will be opening on February 1st. Register as soon as you can to participate in this life changing retreat!!
- ✓ The 2017 Big Book Study will be held on May 19, 20 and 21 at North Hennepin Community College. Save these dates for this amazing workshop about the Big Book.

VOLUNTEER OPPORTUNITIES: (more info on www overeaters.org)

- ✓ Volunteers are needed for the Healthy Life Expo on February 4 and 5 at the Minneapolis Convention Center. Volunteers are needed for two hour shifts to answer questions about OA. Two volunteers will be working together during each time slot. Admittance to the Expo is free and parking will be reimbursed by Intergroup. Contact Margie A. at 612-670-0635 if you are interested in volunteering.
- ✓ Volunteers are needed for the Buffalo Retreat on March 31, April 1 and April 2. The committee is looking for individual and panel speakers to discuss acceptance and other topics. They are also looking for support volunteers for other positions. Please contact Jenny at Roxyheart914@hotmail.com or at 763-772-8616 if you are interested in volunteering.
- ✓ Volunteers are needed for the Longevity Expo on April 8 in Maple Grove. Volunteers are needed for two hour shifts to answer questions about OA. Two volunteers will be working together during each time slot. Admittance to the Expo is free and parking will be reimbursed by Intergroup. Contact Margie A. at 612-670-0635 if you are interested in volunteering.

MEETINGS CLOSING: (more info on www overeaters.org)

- ✓ The Monday 6pm meeting in La Crosse has closed.