

Unity Intergroup Meeting Minutes, April 2017

SUN: Saint Louis Park(Cathy G, Jackie T),

MON: Anoka(Cal N, Lance R), Chippewa Falls(Roxanne P), Robbinsdale(Amanda A), Eagan(Lucinda R),

TUE: Minneapolis(Jane Z),

WED: Crystal(Annette P), Saint Paul(Melissa A),

THUR: Chippewa Falls(Roxanne P),

FRI: Woodbury(Jill S),

SAT: Minneapolis(Aaryn W), Saint Paul(Debbie N), Golden Valley(Betty C), Eden Prairie(Nancy K), Circle Pines(Paul B),

Minneapolis(Cal N), Other Guests: (Lu Z (Mpls Tues HOW)),

UIG TRUSTED SERVANTS: Buffalo Retreat Co-Chair: (Debbie N, Colette S), Hot Line Volunteer Coordinator: (Nancy K), IG Chair:

(Mary T), IG Secretary (temp volunteer): (Rebecca W), IG Treasurer: (Suzanne J), IG Vice Chair: (Jill S), Literature Coordinator:

(Dawn S), Professional Outreach Chair: (Cathi J), Public Information Chair: (Margie A), Region 4 Officer: (Annette P), Region 4

Representative: (Dawn S, Roxanne P, Melissa A, Paul B, Cathi J, Jill S), Region 4 Representative (Alternate): (Margie A),

Registrar(temp volunteer): (Jill S), Sponsorship Workshop Co-Chair: (Margie A), Teleconference Coordinator: (Cal N), WSBC

Delegate: (Roxanne P, Melissa A), WSBC Delegate (Alternate): (Suzanne J),

1. Call to Order: Welcome and Serenity Prayer.

2. Chair Remarks: Mary T. Read and share on Concept 4

3. Vice Chair Remarks: Jill S. Read and share on Tradition 4. New Intergroup representatives were welcomed and asked to meet with Mary T. after the Intergroup meeting to receive the Intergroup Representative Handbook (which is also available on the OA website)

4. Secretary's Report: Rebecca W. presented the minutes for the March meeting. After the review, a motion was made by Melissa A. to pass the March minutes with no amends, it was seconded by Cathy G., and the motion passed. Rebecca was voted in for the Secretary job.

5. Treasurer's Report: Suzanne J. presented the Income and Expense Report for March and the Budget vs. Actual – March to July 2017 Report. We are on track for the year. Suzanne discovered a mistake that literature sales at convention had been listed under the convention total numbers. A discussion followed about the importance of capturing all literature sales in its own category to help track the literature. Also it was announced that the literature chair Dawn will assess how much literature we have left after next years convention and possibly open up the Intergroup literature inventory for sale to groups. Mary T. made a motion to approve the Treasurer's Report as amended with the literature numbers off, Jill S. seconded. Motion passed. Suzanne J. will fix the report going forward to accurately reflect all literature sales. For next years' budget Suzanne J. reported that we will need to raise (or cut) about \$10,000 to meet what is currently budgeted for the next cycle. What are some ideas for how to increase our revenue? Bob brought up that the By-Laws state that there needs to be a finance committee meeting. The Treasurer and the chair will schedule a finance meeting with Bob S. sometime in May.

6. Newsletter Responsibility: No one was voted in as the Newsletter editor. Rebecca W. will continue to learn the newsletter editor process until a new newsletter chair is elected. UPCOMING NEWSLETTER GROUP ASSIGNMENTS: May: Anoka Monday 7pm. June: Minneapolis Monday 7:15. July: Circle Pines Saturday 8:00 am. August: Early Birds St Paul 7:30 am. Groups should have their articles submitted by the third Saturday before the month assigned. Please continue to send articles or information for the newsletter to expressionsofunity@gmail.com. Representatives can also encourage members at their meetings to click on the link on our website and read the Newsletter online.

7. Newcomer Meeting Responsibility: April: St Louis Park OA HOW Sunday, 7pm. May: Saturday am OAHOW. June: Saturday AM Unity Golden Valley, July: Early Birds? Note: The Newcomer Meeting is at Sumner Library on the third Saturday of the month from come at 12:45 – 2:15 pm, 1 hour meeting from 1-2, have to be out of the room by 2:30

8. Old Business: No old business

9. Meet and Greet: We broke into small groups and heard reflections from people who attended Buffalo Retreat

10. New Business: Mary T. received a call from the Buffalo (1 hour format) meeting seeking advice from Intergroup because they are concerned their numbers are really low. Wondering what to do? Suggestions—visit other rural meetings and connect with them. Contact the Region 4 speaker list. Intergroup creating speaker list.

For the following committees and events, no reports are expected unless noted.

11. State Convention: Mary T reported that Janelle has agreed to be the co-chair. Still need another co-chair, please consider! Convention November 3,4 & 5. We will have our November Intergroup meeting at the convention this year, not November 11th

12. Bylaws Committee: Bob S. reported that the definition of a group has been updated and proposed to put the actual language

in the By Laws instead of having a link to WSO to read it.

13. Professional Outreach: Cathi J. reported that we have an opportunity to maybe speak at a mental health convention and possibly an opportunity to speak at a possible Hazelden event. A lively discussion followed about when are we promoting an outside issue by participating in different Expos and conventions. The Professional Outreach committee meets every third Wednesday, 7 pm at Common Roots café on Lyndale Ave South. Committee needs OA's who are also professionals who might be willing to talk to professional organizations. Also she'd like professional contacts that are supportive of OA. The reason for this is that if we can offer expertise at Professional Outreach events then the event can count as continuing education for the professionals attending.

14. OA Quick Steps: Next Quick Steps April 8 and 22 at St Anthony Library 2941 Pentagon Drive

15. Public Information: Margie A. OA booth at the Women's Expo Saturday March 18 from 9-5 at the Mpls Convention Center went well. Longevity Expo on Saturday, April 8 in Maple Grove happening at the same time as the Intergroup meeting. Gluten Free Expo Saturday Sunday May 20, 21, volunteers needed from 10am-4pm, 12 volunteers (30 days abstinence required) needed, groups can also take the entire day and organize their members how they want. We have an opportunity to have a booth at a Bariatric Surgery expo in July in Brainerd. Margie will check on our application to have a booth at Pride this June. Contact Margie 612-670-0635 or wf0693@aol.com to volunteer.

16. Registrar: No Report – Jill S standing in for Cheryl R. If you have any needs from the Registrar please contact Jill S. 651-900-9999

17. Sponsorship: See 12th step within notes below

18. Treatment Center Outreach: A motion was made by Cathy G to get rid of this committee, seconded by Jill S. This sort of work would be handled by Public Information or Professional Outreach at this time.

19. 12th Step Within: Paul reported in Carolyn's absence. June 24th ½ day workshop at Unity Church in Golden Valley, September 23rd full day event Fall Workshop called the ABC's of abstinence, a speaker from California is flying in to speak at this event. Sponsorship workshop Saturday April 22nd 130-330 pm at the Washburn Library 5244 Lyndale Ave South. This workshop is being put on by the Sunday OAHOW meeting but the workshop is open to everyone. This meeting will be teleconferenced, dial 1-641-715-0632, CODE: 802505# to attend the workshop on the phone.

20. Big Book Study: Howard W. reported that things are progressing nicely. This event will be recorded. It will end at noon on Sunday. You can register at overeaters.org. The Big Book Study will be held on May 19, 20 and 21. After you register then you will be sent access info to attend online/phone and to access the archived presentations.

21. Buffalo Retreat: Debbie N. and Colette S. reported that there is already a committee for next year. April 6,7,8 2018. Friday evening mail a success. Scholarships came in \$1345. Sponsorship meet and greet was successful and many connections were made. Attendance may have been down because of school spring breaks.

22. Region 4 and World Service: Annette P. suggested a Region event in Duluth? Support Serenity Intergroup in Duluth? Phone stands available as a fundraiser for the Region at \$7.00/per, contact Annette P. and groups can buy some to be sold at the group.

23. Literature: Dawn S. reported that committees can coordinate with her to get literature for their work/events. If you need literature ordered for committee work, please give Dawn S. two weeks to receive. We try to order in bulk to cut down on shipping costs. Contact Dawn S. 612-310-1703 or dawnspielman@mac.com if your committee needs literature for your events. There is a draft of a proposed new twelve and twelve online. It needs to be voted on by the service structure.

24. Email and Event: OPEN Howard W. agreed to cover this for now until someone is interested in taking the position. This position takes care of the Constant Contact mailings. Howard is ready to stop doing this job. Please consider stepping up!

25. Hot Line: Nancy Gets very few calls and returns all phone calls within 24 hours

26. Print: Cal N. was voted as the new printing coordinator, thanks Cal!

27. Web: Beth K. reported new website is almost ready but it's hit a snag. Beth K. and Nancy (the vendor) are busy at work resolving these issues and hopefully the new website will be available soon. Beth is going to try and get a message on the current website with an explanation. New email for the new website will be unitymnwebsite@gmail.com.

28. Teleconference: Lance was voted in as the new teleconference person, Thanks Lance!

29. Social Media: Howard W. reported that we are getting 6-9 redirects from Google to our website. We need to do some work on identifying what are the top key words. Try doing a google search on overeating or something similar and then scroll down to OA Unity Website and click on it—Don't click on our AD though—We get charged for that! Contact Howard W. 952-930-1212 howardw@isd.net with any questions.

28. Adjournment and Serenity Prayer: Colette made a motion to adjourn the meeting, Jill seconded and motion passed.