

UNITY INTERGROUP MEETING AGENDA

January 14, 2017

12:30 – 2:30pm

“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”

Time	Topic	Presenter	Expected Outcomes
12:30 1	A. Call to order Reminder that the December Intergroup meeting will be back at the Sumner Library.	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40 2	B. Chair Opening Remarks C. Vice Chair Remarks	Mary T. Dawn S.	Read Concept 1 Read Tradition 1. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 3	D. Secretary Report	Jill S.	Review and make amendments to Intergroup Meeting Minutes for December. Any new representatives can sign up for Talking Points with Secretary after the meeting.
12:50 4	E. Treasurer Report Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for December 2016. 2) Budget vs. Actual July - December 2016. 3) Audit update.
Time	Topic	Presenter	Expected Outcomes
8	F. Group Dependent Services a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: expressionsofunity@gmail.com	Madeleine C.	Newsletter February: New Richmond, Monday 6:30pm March: Winona, Saturday 8:30am April: Chippewa Falls May: Roseville, Saturday 8am
7	b. Newcomer Meeting Note: Groups send 3 or more speakers, who have a minimum of 90 days of continuous abstinence. Volunteers will speak on one of three topics: Disease Concept, Abstinence (One Day at a Time) and How It Works (12 Steps). On the third Saturday of each month from 1-2pm at the Sumner Library.	Chris K & Ed K.	Newcomer Meeting held at Sumner Library January: Minneapolis HOW, Tuesday 9:30am February: OA in Action, Tuesday 7pm March: April: May:
	G. Old Business	Mary T.	
	H. Meet and Greet New approach to meeting and greeting.	Mary T.	
Time	Topic	Presenter	Expected Outcomes

9	I. New Business	Mary T.	Elections for some positions – see Trusted Servant List.
5	J. Elected Committee/Event Chairs		For the following committees and events, no reports are expected unless noted.
	a. State Convention	Beth K.	Report on convention results
	b. Bylaws Committee	Bob S.	Motion passed at last meeting
	c. OA Quick Steps	Gene O.	
	d. Professional Outreach	Kathryn E.	Silver Lake United Methodist Church Event, Hennepin County Wellness Event.
	e. Public Information	Margie A.	Healthy Life Expo – February 4 & 5 Longevity Expo – April 8 in Maple Grove
	f. Registrar	Cheryl R.	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet.
	g. Sponsorship	Cross Roads	Workshop scheduled for February 18
	h. Treatment Center Outreach	Cathi J. Eileen M.	COR Treatment Center- position will be open in 2017 Adult and Teen Challenge
	i. Twelve Step Within	Paul B. Annette R.	<i>Twelve Step Within</i> is for OA members who are still struggling.
	j. Big Book Study	Barb B. & Howard W.	Big Book Study will be held on May 19, 20, and 21 at North Hennepin Community College.
	k. Buffalo Retreat	Debbie N. Collette S.	The Buffalo Retreat will be held on March 30, April 1 and 2.
	l. Region 4 and World Service	Reps.	Elections for Region 4 open positions
6	K. Elected Coordinators		
	a. Email & Event	Howard W.	
	b. Hot Line	Bev S.	
	c. Literature	Sasha K.	
	d. Printing & Web	Lance R.	
	e. Teleconference	Ed K.	
	f. Internet Marketing		

10	L. Final Announcements	Mary T.	
	M. Adjournment and Serenity Prayer	Mary T.	

New IG Reps: Please see Dawn S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Jill S. (Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

Definition of Abstinence: “Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program.”