

UNITY INTERGROUP MEETING AGENDA

February 11, 2017

12:30 – 2:30pm

“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”

| Time | Topic | Presenter | Expected Outcomes |
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| 12:30 1 | A. Call to order Reminder that the December Intergroup meeting will be back at the Sumner Library. | Suzanne J. - filling in for Mary T. | Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions. |
| 12:40 2 | B. Chair Opening Remarks C. Vice Chair Remarks | Suzanne J. Dawn S. - filling in for Jill S. | Read Concept 2 Read Tradition 2. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook. |
| 12:45 3 | D. Secretary Report | Rebecca W. Volunteering | Review and make amendments to Intergroup Meeting Minutes for January. Any new representatives can sign up for Talking Points with Secretary after the meeting. |
| 12:50 4 | E. Treasurer Report Note: Contact Suzanne J. directly for any needed money. | Suzanne J. | 1) Income & Expenses Report for January 2017. 2) Budget vs. Actual July 2016 to January 2017. 3) Audit update. |
| Time | Topic | Presenter | Expected Outcomes |
| 8 | F. Group Dependent Services a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: expressionsofunity@gmail.com | Open | Newsletter March: Chippewa Falls, Monday 6:30pm April: Roseville, Saturday 8am May: Open June: Minneapolis, Monday 7:15pm |
| 7 | b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library. | Chris K. & Sasha S. | Newcomer Meeting held at Sumner Library February: OA in Action, Tuesday 7pm March: Minneapolis, Monday 10am April: Open May: Open June: Open |
| | G. Old Business | Suzanne J. | |
| | H. Meet and Greet New approach to meeting and greeting. | Suzanne J. | |
| Time | Topic | Presenter | Expected Outcomes |
| 9 | I. New Business | Suzanne J. | |
| 5 | J. Elected Committee/Event Chairs | | For the following committees and events, no reports are expected unless noted. |
| | a. State Convention | Open | |

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| | b. Bylaws Committee | Bob S. | Vote on motion. |
| | c. OA Quick Steps | Gene O. | February 11 & 25 in Bloomington. |
| | d. Professional Outreach | Cathi J. | Hennepin County Wellness Event. |
| | e. Public Information | Margie A. | Healthy Life Expo – February 4 & 5 Longevity Expo – April 8 in Maple Grove |
| | f. Registrar | Cheryl R. | Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet. |
| | g. Sponsorship | Crossroads | Sponsorship Workshop is being held February 18 at Prospect Park Methodist Church, 22 Orlin Ave, Minneapolis 55414 from 1-3:30pm. |
| | h. Treatment Center Outreach | Open | |
| | i. Twelve Step Within | Carolyn S. | <i>Twelve Step Within</i> is for OA members who are still struggling. |
| | j. Big Book Study | Open | Big Book Study will be held on May 19, 20, and 21 at North Hennepin Community College. |
| | k. Buffalo Retreat | Debbie N. Collette S. | Registration is open for the Buffalo Retreat being held on March 31, April 1 and 2. |
| | l. Region 4 and World Service | Reps. | For the last 30 minutes, Annette P. will facilitate the Intergroup's response to the World Service's Agenda Questionnaire. |
| 6 | K. Elected Coordinators | | |
| | a. Email & Event | Open | Howard W. volunteered to help with this until position is filled. |
| | b. Hot Line | Nancy K. | |
| | c. Literature | Dawn S. | |
| | d. Printing | Open | Shiloh S. has volunteered to fill position until she can be elected in with 90 days of abstinence. |
| | e. Teleconference | Cal N. | |
| | f. Web | Beth K. | Election of Beth K. to this position. |
| | g. Social Media | Howard W. | |

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| 1 | L. Final Announcements | Suzanne J. | |
| | M. Adjournment and Serenity Prayer | Suzanne J. | |

New IG Reps: Please see Dawn S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Rebecca W. (Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

Definition of Abstinence: "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."